

2025 IMAC GIRLS CONFERENCE CHAMPIONSHIPS

May 17th at Providence Academy, Plymouth, MN

GIRLS TEAM SCORES:

1. Providence Academy	148
2. Breck School	126
3. Minnehaha Academy	111
4. Blake	76
5. St. Paul Academy & Summit Sc	52
6. Mounds Park Academy	35

Girls Varsity 100 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Lulu McGarry 11 Breck School 12.58a
2 Christiana Walker 12 Minnehaha Academy 13.31a
3 Clare Ryan Bradley 11 St. Paul Academy & SS 13.34a
4 Nalah Satran 10 Breck School 13.59a
5 Delaney Cunningham 12 Mounds Park Academy 13.67a
6 Emily Winkler 9 Blake 13.67a
7 Liza Timm 12 Minnehaha Academy 13.79a
8 Makaela Binder 10 Minnehaha Academy 13.82a
9 Gianna Abed 11 Providence Academy 13.88a
10 Sylvia Huebschen 9 Providence Academy 13.93a
11 Tiara Adegoke 9 Providence Academy 13.94a
12 Savannah Sincheff 7 Blake 13.95a
13 Siena Prevost 9 Breck School 14.03a
14 Rachel Guo 10 St. Paul Academy & SS 14.25a
15 Alayna Bruening 10 Mounds Park Academy 14.48a
16 Emma Lafferty 12 Mounds Park Academy 14.72a
17 Amelia Schwemm 8 Blake 14.98a
Julia Taylor 12 St. Paul Academy & SS DNS

Girls Varsity 200 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Lulu McGarry 11 Breck School 25.24a
2 Lydia Grajczyk 11 Providence Academy 26.65a
3 Elizabeth Tuttle 11 St. Paul Academy & SS 26.69a
4 Leah DiNardo 12 Minnehaha Academy 27.10a
5 Savannah Sincheff 7 Blake 27.64a
6 Tiara Adegoke 9 Providence Academy 28.07a
7 Nalah Satran 10 Breck School 28.32a
8 Clare Ryan Bradley 11 St. Paul Academy & SS 28.47a
9 Siena Prevost 9 Breck School 28.68a
10 Sylvia Huebschen 9 Providence Academy 28.77a
11 Mariah Pierre 8 Blake 28.79a
12 Sosie Simon 11 Blake 29.60a
13 Annika Binstadt 12 Mounds Park Academy 30.01a
14 Alayna Bruening 10 Mounds Park Academy 30.73a
15 Lucy Byrnes 9 St. Paul Academy & SS 31.23a
16 Emma Lafferty 12 Mounds Park Academy 31.52a
Christiana Walker 12 Minnehaha Academy DNS
Mi'Yonna Coleman 9 Minnehaha Academy DNS

Girls Varsity 400 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Lulu McGarry 11 Breck School 57.00a
2 Kylie Hartel 11 Providence Academy 59.15a

3 Ceci Carron 11 Providence Academy 1:00.89a
4 Delaney Cunningham 12 Mounds Park Academy 1:02.97a
5 Clare Ryan Bradley 11 St. Paul Academy & SS 1:04.77a
6 Anna Melloh 8 Blake 1:05.22a
7 Inga Wing 12 St. Paul Academy & SS 1:08.08a
8 Annika Binstadt 12 Mounds Park Academy 1:09.04a
9 Clara Deneault 12 Mounds Park Academy 1:10.01a
10 Mi'Yonna Coleman 9 Minnehaha Academy 1:10.21a
11 Liva Collins 8 St. Paul Academy & SS 1:11.16a
12 Elisse Munteanu 10 Providence Academy 1:11.37a
13 Theodora Knatterud 10 Minnehaha Academy 1:13.27a

Girls Varsity 800 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Lily Carlson 10 Providence Academy 2:27.11a
2 Anne Peterson 9 Providence Academy 2:27.22a
3 Lindsay Hutt 10 Providence Academy 2:27.99a
4 Sophie Kannapiran 9 St. Paul Academy & SS 2:28.29a
5 Paloma Good 10 St. Paul Academy & SS 2:29.63a
6 Callie Arthur 10 Blake 2:30.71a
7 Aven Leventhal 11 Breck School 2:31.15a
8 Maggie Souvignier 11 Blake 2:31.73a
9 Brooke Siwek 11 Minnehaha Academy 2:32.31a
10 Maren Overgaard 11 St. Paul Academy & SS 2:35.60a
11 Avery Lampe 12 Breck School 2:38.60a
12 Clara Peterson 12 Minnehaha Academy 2:45.58a
13 Maddie Watts 8 Blake 2:47.16a
14 Elle Stender 12 Minnehaha Academy 2:52.08a
15 Peyton Pettipiece 10 Mounds Park Academy 2:56.69a
16 Annika Gossai 10 Mounds Park Academy 3:15.01a

Girls Varsity 1600 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Megan Snider 10 Mounds Park Academy 5:25.33a
2 Esme Gulbransen 12 Breck School 5:26.80a
3 Ella Towne 8 Providence Academy 5:31.23a
4 Zoe Goodman 12 Blake 5:33.41a
5 Maggie Souvignier 11 Blake 5:35.62a
6 Hanna Hack 12 Blake 5:43.70a
7 Greta Gesick 12 Minnehaha Academy 6:10.42a
8 Samantha Dvorak 12 Breck School 6:17.61a
9 Peyton Pettipiece 10 Mounds Park Academy 6:23.53a
10 Macy Raymond 12 Providence Academy 6:26.53a
11 Marissa Stower 11 Minnehaha Academy 6:44.37a

Girls Varsity 3200 Meters Finals

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Athlete Yr Team Mark H# Wind

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1 Esme Gulbransen 12 Breck School 11:48.16a
2 Zoe Goodman 12 Blake 11:57.61a
3 Abigail Getnick 11 Breck School 11:59.84a
4 Georgia Shaw 9 Blake 12:04.01a
5 Megan Snider 10 Mounds Park Academy 12:12.00a
6 Anna Cash 10 Providence Academy 12:12.91a
7 Leni Kuhn 11 Providence Academy 12:24.76a

8 Evie Hjelm 9 Blake 12:52.67a
9 Beatrix Brown 9 Providence Academy 13:10.50a
10 Elena Piatt 10 Minnehaha Academy 13:52.13a
Berit Calvin 12 Minnehaha Academy DNS

Girls Varsity 100m Hurdles Finals

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Athlete	Yr	Team	Mark	H#	Wind
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1 Leah DiNardo 12 Minnehaha Academy 15.15a
2 Samantha Gee 9 Providence Academy 16.62a
3 Sofia Wyatt 12 Blake 16.64a
4 Liza Timm 12 Minnehaha Academy 17.22a
5 Addy Gunther 12 Breck School 17.45a
6 Milena Vandover 10 Breck School 18.33a
7 Rowan Mulrooney 12 Mounds Park Academy 18.65a
8 Elizabeth Smyth 11 Providence Academy 19.12a
9 Mattie Jones 12 Blake 20.05a
10 Raniya Haris 12 Breck School 20.59a
11 Brooklyn Hyder 8 Minnehaha Academy 20.71a
12 Jocelyn Rog 9 St. Paul Academy & SS 21.29a
Mariah Pierre 8 Blake DNS

Girls Varsity 300m Hurdles Finals

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Athlete	Yr	Team	Mark	H#	Wind
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1 Elizabeth Tuttle 11 St. Paul Academy & SS 43.89a
2 Leah DiNardo 12 Minnehaha Academy 45.94a
3 Svea Frantzich 12 Breck School 47.98a
4 Addy Gunther 12 Breck School 50.08a
5 Rowan Mulrooney 12 Mounds Park Academy 50.70a
6 Elizabeth Smyth 11 Providence Academy 52.26a
7 Sofia Wyatt 12 Blake 52.53a
8 Milena Vandover 10 Breck School 52.90a
9 Ainsley Pflaum 12 Blake 52.92a
10 Samantha Gee 9 Providence Academy 53.31a
11 Esther Friesen 8 Blake 54.63a
12 Sonia Kharbanda 11 St. Paul Academy & SS 55.17a
13 Brooklyn Hyder 8 Minnehaha Academy 56.28a

Girls Varsity 4x100m Relay Finals

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Team	Time	H#
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1 Providence Academy 51.95a
1) Samantha Gee 2) Lydia Grajczyk
3) Sylvia Huebschen 4) Tiara Adegoke
2 Minnehaha Academy 52.68a
1) Imani Sullivan Glenn 2) Railyn Ross
3) Jasmine Bugg 4) Christiana Walker
3 Blake 54.61a
1) Savannah Sincheff 2) Amelia Schwemm
3) Mariah Pierre 4) Sosie Simon
4 St. Paul Academy & SS 57.36a
1) Inga WIng 2) Madelyn Moser
3) Sonia Kharbanda 4) Sofie Ferrer
5 Breck School 57.99a
1) Siena Prevost 2) Sara Ali
3) Juliet Howe 4) Zayna Kaba

Girls Varsity 4x200m Relay Finals

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Team Time H#

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1 Providence Academy 1:46.82a
1) Gianna Abed 2) Ceci Carron
3) Lydia Grajczyk 4) Kylie Hartel
2 Minnehaha Academy 1:54.89a
1) Imani Sullivan Glenn 2) Railyn Ross
3) Jasmine Bugg 4) Makaela Binder
3 St. Paul Academy & SS 2:01.51a
1) Sofia Rivera 2) Sonia Kharbanda
3) Sofie Ferrer 4) Julia Taylor
4 Blake 2:05.63a
1) Madeline Puder 2) Suna Sosseh
3) Sam Jones 4) Harriet Townley

Girls Varsity 4x400m Relay Finals

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Team	Time	H#
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1 Providence Academy 4:08.01a
1) Ceci Carron 2) Kylie Hartel
3) Lily Carlson 4) Anne Peterson
2 Blake 4:19.58a
1) Anna Breyer 2) Lauren Breyer
3) Anna Melloh 4) Callie Arthur
3 Mounds Park Academy 4:39.09a
1) Rowan Mulrooney 2) Annika Binstadt
3) Clara Deneault 4) Alayna Bruening
4 Minnehaha Academy 4:42.85a
1) Makaela Binder 2) Brooke Siwek
3) Railyn Ross 4) Caroline Sonstegard
St. Paul Academy & SS DNS
1) Paloma Good 2) Sophie Kannapiran
3) Maren Overgaard 4) Elizabeth Tuttle

Girls Varsity 4x800m Relay Finals

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Team	Time	H#
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1 St. Paul Academy & SS 10:22.74a
1) Sophie Kannapiran 2) Lucy Byrnes
3) Maren Overgaard 4) Paloma Good
2 Breck School 10:45.35a
1) Avery Lampe 2) Anna Harrington
3) Samantha Dvorak 4) Aven Leventhal
3 Blake 11:00.53a
1) Ainsley Pflaum 2) Maddie Watts
3) Ella Duplessis 4) Isabella Valdesolo
4 Minnehaha Academy 11:37.26a
1) Greta Gesick 2) Elle Stender
3) Lucy Hoffner 4) Clara Peterson

Girls Varsity Shot Put Finals

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Athlete	Yr	Team	Mark	H#
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1 Thellma Minde 9 Minnehaha Academy 30-10
2 Annabel Worner 12 Providence Academy 29-2
3 Bekah Jordan 11 Providence Academy 29-0
4 Inaaya Hinton 12 Minnehaha Academy 28-1.5
5 Nijah Johnson 11 St. Paul Academy & SS 27-4
6 Elizabeth Smyth 11 Providence Academy 25-11
7 Annie Chi 11 Breck School 25-9.5
8 Delaney Yamoah 10 Minnehaha Academy 24-5
9 Anna Tao 12 Blake 24-1

10 Zoey Wojchik 8 Breck School 22-8
11 Amelia Wachs 10 Breck School 22-7
12 Meri Harkins 12 Blake 18-11
13 Mae LaChance 9 St. Paul Academy & SS 18-8
14 Rachel Guo 10 St. Paul Academy & SS 18-1
15 Anna Craig 12 Blake 17-10

Girls Varsity Discus Finals

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Athlete Yr Team Mark H# Wind

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1 Bekah Jordan 11 Providence Academy 91-8
2 Annabel Worner 12 Providence Academy 89-7
3 Vivian Worner 10 Providence Academy 83-0
4 Ruby Brown 11 Minnehaha Academy 81-2
4 Delaney Yamoah 10 Minnehaha Academy 81-2
6 Annie Chi 11 Breck School 78-7
7 Avery Lampe 12 Breck School 76-7
8 Inaaya Hinton 12 Minnehaha Academy 76-3
9 Meri Harkins 12 Blake 72-4
10 Anna Tao 12 Blake 71-0
11 Zoey Wojchik 8 Breck School 69-11
12 Nijah Johnson 11 St. Paul Academy & SS 66-1
13 Annika King 9 St. Paul Academy & SS 60-1
14 Anna Craig 12 Blake 53-8
Tallulah Dogwill 10 St. Paul Academy & SS SCR

Girls Varsity High Jump Finals

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Athlete Yr Team Mark H# Wind

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1 Milena Vandover 10 Breck School 4-10
2 Marie Blomgren 12 Minnehaha Academy 4-10
3 Emily Winkler 9 Blake 4-6
4 Lydia Grajczyk 11 Providence Academy 4-6
5 Anika Golla 12 Breck School 4-6
6 Rosalyn Hjelm 7 Blake 4-4
7 Zaniah Hunter 11 Providence Academy 4-4
8 Annika King 9 St. Paul Academy & SS 4-4
9 Madelyn Moser 12 St. Paul Academy & SS 4-2
10 Sam Jones 9 Blake 4-0
10 Clara Deneault 12 Mounds Park Academy 4-0
10 Aven Leventhal 11 Breck School 4-0
13 Talia Malone 10 Minnehaha Academy 4-0
Alexa Kukuljan 10 Providence Academy NH
Ruby Tynes 10 Minnehaha Academy NH

Girls Varsity Pole Vault Finals

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Athlete Yr Team Mark H# Wind

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1 Zaniah Hunter 11 Providence Academy 8-6
2 Ruby Brown 11 Minnehaha Academy 8-0
3 Anika Golla 12 Breck School 8-0
4 Marie Blomgren 12 Minnehaha Academy 8-0
5 Kate Austrian 12 Blake 8-0
6 Grace Horinek 11 Providence Academy 7-6
7 Joy Uthmann 11 Minnehaha Academy 7-6
7 Abigail Getnick 11 Breck School 7-6
9 Catherine Rudolph 8 Blake 7-6
10 Hannah Cavanaugh 11 Breck School 7-0
10 Alexa Kukuljan 10 Providence Academy 7-0
12 Ella Cho 12 Blake 7-0

Girls Varsity Long Jump Finals

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Athlete Yr Team Mark H# Wind

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1 Svea Frantzich 12 Breck School 17-7.5
2 Delaney Cunningham 12 Mounds Park Academy 17-3
3 Ruby Tynes 10 Minnehaha Academy 16-10.25
3 Saleya Scott 12 Blake 16-10.25
5 Nalah Satran 10 Breck School 16-10
6 Ceci Carron 11 Providence Academy 16-6.25
7 Clare Ryan Bradley 11 St. Paul Academy & SS 16-0.5
8 Julia Taylor 12 St. Paul Academy & SS 15-0
9 Malia Timm 9 Minnehaha Academy 14-7
10 Caroline Sonstegard 10 Minnehaha Academy 14-4
11 Rosalyn Hjelm 7 Blake 14-3.75
12 Sara Ali 10 Breck School 13-10
13 Juliet Howe 9 Breck School 13-4
14 Sofia Rivera 10 St. Paul Academy & SS 12-9.25
15 Clara Deneault 12 Mounds Park Academy 12-3
Samantha Gee 9 Providence Academy SCR
Sosie Simon 11 Blake SCR
Gianna Abed 11 Providence Academy SCR

Girls Varsity Triple Jump Finals

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Athlete Yr Team Mark H# Wind

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1 Svea Frantzich 12 Breck School 36-1
2 Ruby Tynes 10 Minnehaha Academy 34-6
3 Sofia Wyatt 12 Blake 33-9
4 Nalah Satran 10 Breck School 33-7
5 Saleya Scott 12 Blake 33-3.5
6 Delaney Cunningham 12 Mounds Park Academy 32-7
7 Jocelyn Rog 9 St. Paul Academy & SS 31-5
8 Julia Taylor 12 St. Paul Academy & SS 31-2
9 Talia Malone 10 Minnehaha Academy 30-7
10 Sofia Rivera 10 St. Paul Academy & SS 29-0
11 Malia Timm 9 Minnehaha Academy 28-10.5
12 Alexa Kukuljan 10 Providence Academy 26-10
Sara Ali 10 Breck School SCR